



Dauphin

# PROCLAMATION

**WHEREAS** Canadian Mental Health Association (CMHA) Mental Health Week promotes mental health awareness through education campaigns, activities, and events and offers practical ways to maintain and improve mental health and support recovery from mental health problems and illnesses;

**AND WHEREAS** people are faced with worrying levels of stress, anxiety, and loneliness heightened by social inequality, the affordability crisis, and ongoing climate concerns;

**AND WHEREAS** this year's CMHA campaign "Come Together, Canada" promotes daily acts of connection and highlights our shared responsibility in supporting mental health through meaningful interaction;

**AND WHEREAS** the Canadian Mental Health Association actively supports and encourages good mental health in all aspects of our lives, during CMHA Mental Health Week and throughout the year;

NOW, THEREFORE, WE THE COUNCIL OF  
THE CITY OF DAUPHIN  
DO HEREBY PROCLAIM

**MAY 4-10, 2026**

AS

**"CMHA MENTAL HEALTH WEEK"**

Dated at the City of Dauphin, in the Province of Manitoba,  
this 27th day of April 2026.

David Bosiak  
Mayor