

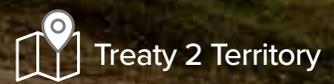
Dauphin

NEW RESIDENT GUIDE

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Dauphin, Manitoba



dauphin.ca

DIRECTORY

Emergency (Fire • Police • Ambulance) 911
 Dauphin Regional Health Centre 204-638-6445
 Hospital 204-638-3010
 Manitoba Health 1-800-392-1207
 RCMP Non-Emergency 204-622-5050

City of Dauphin

City Hall 204-622-3200
 City Shop 204-622-3202
 Economic Development 204-622-3229
 Property Tax Department 204-622-3204
 Tourism 204-622-3216
 Utilities Department 204-622-3205
 Waste Disposal Site 204-622-3189

Services

CAA Road Assistance (Membership Required) 1-800-222-4357
 Canada Post 204-638-5989
 Crisis Centre & Women’s Shelter 204-638-9484
 Citizenship & Immigration Canada 1-888-242-2100
 Dauphin Taxi 204-638-3315
 Employment Manitoba 204-622-2147
 Employment & Income Assistance (EIA) 204-622-2046
 Regional Connections Immigrant Services 204-647-0693
 Manitoba Public Insurance (MPI) 204-622-2783
 Parkland Job Opportunity Centre (PJOC) 204-622-5627
 Ottenbreit Sanitation Services (OSS) 204-783-6995
 The Property Registry - Dauphin Land Titles 1-844-737-5684
 Service Canada 1-800-531-7555

Utilities

Electricity - Manitoba Hydro 1-888-624-9376
 Phone - BellMTS 204-225-5687

Community

Assiniboine Community College (ACC) 204-622-2222
 Parkland Campus
 Dauphin Friendship Centre 204-638-5707
 Dauphin Public Library 204-638-6410
 Dauphin Multi-Purpose Senior Centre 204-638-6485
 Dauphin Recreation Services (DRS) 204-622-3150
 Dauphin Youth Centre 204-638-6651
 First Nations in Treaty 2 Territory (FNT2T) 204-638-3797
 Manitoba Metis Federation (MMF)
 Northwest Metis Council Inc. 204-638-9485
 Mountain View School Division 204-638-3001



If you notice any of this information is out of date, please contact Tourism Dauphin at 204-622-3216

DAUPHIN

 City of Dauphin  @CityofDauphin  @CityofDauphin

CONNECT WITH US! Follow us on social media for news and updates about all things Dauphin. Use #dauphinmb and share your perspective.

About Dauphin

Dauphin is a bustling community, home to Dauphin's Countryfest, Canada's longest running country music festival, and Canada's National Ukrainian Festival. It is a community rich in cultural history and a hub for outdoor adventure. Surrounded by picturesque farmland and gorgeous parks such as Riding Mountain National

Park and Duck Mountain Provincial Park, Dauphin offers many scenic landscapes and trails to explore. Hiking, hunting, fishing, and golfing are just a few ways Dauphin residents enjoy the great outdoors.

With state-of-the-art recreation facilities like the Parkland Recreation Complex and numerous clubs and programs

offering everything from pottery to soccer, there is always something for residents to enjoy. Experience all the charms of a rural prairie community with the wealth of programs and resources of a bustling city! Affordable housing, excellent healthcare facilities, and abundant recreation experiences are just a few reasons to

consider making Dauphin your home.

Dauphin is the largest city and service center in the Parkland region which spans from the Manitoba-Saskatchewan border to Lake Manitoba. Dauphin is located in Treaty 2 Territory, in southwest Manitoba at the junction of Highways #5, #10, and #20.



City Hall

The City of Dauphin is governed by an elected city council, consisting of a Mayor, Deputy Mayor, and five Councilors, elected for a four-year term. The next municipal election is in 2022.

City Hall is conveniently located in the centre of the City at 100 Main Street South. It is your best source for accurate information and staying connected to resources in your community. City Hall houses the office of the Mayor, Council, and City Administration. Here you can pick up information on

tourism, connect your water, and pay your water bill and property taxes. City Hall is also where you can apply for permits and licenses for businesses, pets, building, and more. Check out the City of Dauphin's website at dauphin.ca.

Dauphin Economic Development & Tourism, Dauphin & District Chamber of Commerce, Dauphin & District Community Foundation, and Dauphin Neighbourhood Renewal Corporation all have offices in City Hall.

HOUSING

Looking for a place to live?

Dauphin and the surrounding rural municipalities offer a colourful quilt of housing options including heritage homes, new construction, apartments, acreages, and lake front properties. There are plenty of options available to meet your needs! If you are renting, it is important to purchase property insurance to protect your belongings such as furniture, clothing, electronics, etc. against fire damage, theft, etc. Visit page 21 for a list of insurance companies.

Buying

REALTORS®

Action Realty
actionrealtyltd.ca

Century 21 Westman Realty
century21.ca

Mountain View Realty
204-638-0057

Re/max Parkland Realty
remax-parklandrealty.ca

Royal LePage
royallepage.ca

Multiple Listings

REALTOR®
realtor.ca

Renting

HOUSING LISTING

Dauphin has a range of rental options from single homes to duplexes or apartments. Visit dauphin.ca for a list of rental properties or pick-up your copy at City Hall.

Dauphin Herald Parkland Shopper
classified section

Online websites
kijiji.ca



For information on the City of Dauphin's housing development incentive programs and other development inquiries contact the Dauphin Economic Development office at **204-622-3229** or ced@dauphin.ca.

HOME OWNERS

What to do when you move in?



Connect Your Water

204-622-3205

City Hall - 100
Main Street South



Property Taxes

204-622-3204

City Hall - 100
Main Street South



Home Insurance

Check out page 21
for a list of insurance
companies



Connect Your Phone, Internet and Television

Check out page 25
for a list of services



Connect Your Hydro Manitoba Hydro

1-888-624-9376



Dog & Cat Pet Licenses

204-622-3200

City Hall - 100
Main Street South



Waste, Recycling & Yard Waste Collection

Visit City Hall or
dauphin.ca for the
annual collection
map and schedule.

City Hall has various brochures to pick up or view online from renovating your home to building a fence. For more information on permits, contact the City of Dauphin Building Inspector at **204-622-3200**.



EMPLOYMENT SERVICES

Dauphin Herald

Dauphin's weekly newspaper available for purchase on Tuesdays. Job opportunities are listed in the classified section.

Parkland Shopper

The Parkland's weekly newspaper available for FREE on Fridays. Job opportunities are listed in the classified section.

City of Dauphin

The City of Dauphin posts all municipal employment opportunities online at www.dauphin.ca.

Prairie Mountain Health (PMH)

All employment opportunities within the PMH district are posted online at www.pmh-mb.ca.

730 CKDM Hire Up

www.730ckdm.com online job bank is free to browse.

Manitoba Government

Find the job or career you want with the Manitoba Government at www.gov.mb.ca/govjobs/.

Government of Canada

Visit www.jobbank.gc.ca to search for employment in the Dauphin area.

Parkland Job Opportunity Centre

The staff at Parkland Job Opportunity Centre (PJOC) can assist job seekers choose a career, write a resume and cover letter, and prepare for an interview.

pjoc.mb.ca | 204-622-JOBS (5627) | 215 Main Street South

Skills and Employment Partnerships

Manitoba Economic Development Training

The Province of Manitoba provides a wide range of employment and training services to individuals and businesses throughout Manitoba. Free services include career counselling, local labour market information, and the use of public access work stations for resume writing and job search.

135 - 2nd Ave NE | 204-622-2147

Partners for Careers

Partners for Careers prepares resumes and cover letters for those seeking employment and assists clients with employment readiness, employment referrals, and accessing education and training opportunities.

210 1st Ave NE | Dauphin Friendship Centre
204-638-5707

Business/Entrepreneurship

Looking to start a business in Dauphin? These are some great resources to help you start and grow your business.

Dauphin Economic Development

100 Main Street South | 204-622-3229
www.dauphin.ca

Manitoba Entrepreneurial Hubs

512 Main Street North | 204-647-0647 | www.thehubs.ca

Community Futures Parkland

421 Main Street, Grandview, MB | 204-546-5100
www.cfmanitoba.ca/parkland

Dauphin & District Chamber of Commerce

100 Main Street South | 204-622-3140
www.dauphinchamber.ca

IMMIGRANT SERVICES

Regional Connections provides no-cost settlement, employment and language services for newcomers living in Dauphin and the surrounding region. Are you looking for meaningful volunteer work? Contact us about volunteering as a language buddy, driver, or family visitor. What a great way to meet new friends and neighbours!

30 - 1st Ave NE
204-647-0693
Monday to Friday
8:30 a.m. to 4:30 p.m.
regionalconnections.ca



SCHOOLS & EDUCATION



Mountain View School Division (MVSD) maintains 16 schools in the region. Public bus transportation is provided to students living in rural areas. For more information call 204-638-3001 or visit mvsd.ca.



Preschools

Mini Franglais
Preschool
204-648-6352

Tinker Bell
Preschool
204-638-5668

Nurseries

Peter Pan
Day Nursery
204-638-8263

Dauphin
School Age
Day Care
204-638-8260

Daycares

Manitoba
Family
Services

Child Care
1-888-213-4754

Dauphin Elementary Schools Grade Kindergarten-5

Ecole MacNeill School
(French Immersion)
312 Sandy Street | 204-638-3942

Henderson Elementary School
911 Bond Street | 204-638-4653

Lt. Col. Barker V.C School
1516 Bond Street | 204-638-4588

Smith-Jackson School
(English/Ukrainian)
701 - 1st Street S.E. | 204-638-3134

Whitmore School
28 - 6th Avenue S.W. | 204-638-4782

Dauphin Middle School Grade 6-8

MacKenzie Middle School
212 - 1st. Street N.E. | 204-638-3323

Dauphin Senior School Grade 9-12

Dauphin Regional Comprehensive
Secondary School (DRCSS)
330 Mountain Road | 204-638-4629

Post Secondary Education



Assiniboine Community College (ACC) Parkland Campus is located in Dauphin and offers a variety of academic programs. ACC combines classroom theory and hands-on learning to provide real world experience and networking opportunities.

520 Whitmore Avenue E.
204-622-2222 | parklandcampus.com



RECREATION



200 - 1st Street. S.E.
204-622-3150 | dauphinrec.com

 @DauphinRecreationServices

 @dauphinrecreationservices

Dauphin Recreation Services hosts a large range of events, clubs, programs, and services that entertain all ages of the Parkland and Dauphin residents.

Kinsmen Aquatic Centre

The Kinsmen Aquatic Centre provides residents the opportunity to take part in year-round recreational swimming, aquatic fitness programs, competitive swimming, water sports and lessons, and is home to the Parkland Gators. It features a water slide and wave pool, hot tub, water umbrella, and lounging area.



Dauphin Curling Rink

The Dauphin Curling Rink hosts a six-sheet artificial ice surface that houses many bonspiels, lessons, and other events. There are various leagues operating within the Dauphin Curling Club which provide opportunity for people of all ages to participate.



Credit Union Place (CUP)

Credit Union Place (CUP) is a multi-purpose entertainment facility that hosts a wide variety of sporting events, trade shows, and entertainment events. It also has a 211-metre oval rubberized walking track located on the upper concourse.

DMCC Grounds

The Dauphin Memorial Community Centre (DMCC) Grounds features baseball/softball diamonds, off-leash dog park, livestock show rings, horseshoe pits, outdoor rink with heated dressing area and lighted ice surface in the winter months, and is home to the Dauphin Agricultural Society Fair. The grounds are located behind the Rotary Arena on 1st Avenue SE.



Recreation Facilities

For a full list of parks and playgrounds, visit dauphinrec.com

Meadowlark Park

Features 4 Tennis Courts and 2 Beach Volleyball Courts - Mountain Road and Kraim Ave. W. and Bond St between Brown Ave. E. and Hawthorne Ave. E. Contact 204-622-3150 to purchase a tennis pass.



Dauphin Lake Golf Course

Featuring an 18-hole, 6,110 yard, par 70 course on the beautiful shore of Lake Dauphin. Test your golf game on the gorgeous course and check out the pro-shop, driving range, and clubhouse restaurant.

258 Lake Drive West, Dauphin Beach East on Highway 20 | 204-638-9400



D-Town Plaza Skate Park

Located on 1st Avenue SW, the D-Town Plaza is a state of the art extreme sports park great for people of all ages.

Recreation Programs

Dauphin offers a wide range of recreational programs for all ages. From hockey to soccer and everything in between! Below are some of the sport and recreation groups in the community:

Dauphin Derailleurs
Cycle Club

4-H

Air Cadets

Bratstva Studios Ukrainian
Dance Group

Dauphin Curling Club

Dauphin Girl Guides

Dauphin Gymnastics Club

Dauphin Junior Bowling

Dauphin Junior Curling

Dauphin Karate Club

Dauphin Minor
Ball Association

Dauphin Minor Hockey

Dauphin Pottery &
Ceramics Club

Dauphin Rec Hockey
League – Adult
& Junior Divisions

Dauphin Soccer
Association

Dauphin Wildlife
Association/Junior Rifle
Club

Kang's Taekwondo
Academy

Parkland Gators Swim Club

Parkland Paddling Club

Parkland Pirates Rugby

Sche Raz Adult Ukrainian
Dance Group

Skate Dauphin

Swimmingly

Tamarack Yoga Centre

Vermillion Archers

Zirka Ukrainian Dance
Ensemble

Dauphin Snowmobile Club

Dauphin Lake Golf Club

For more information or assistance in contacting the above groups, contact **Tamara Kolida** at **204-622-3157** / programs@dauphinrec.com or **Lindsey Kyle** at **204-622-3109** / events@dauphinrec.com.

WINTER FUN



Need Snowshoes?

Rent a pair from Dauphin Recreation Services by phoning 204-622-3150.

Monday to Friday: 6:30 am to 8:00 pm
Saturday & Sunday: 10:00 am to 4:30 pm

Hockey

Do you find yourself in town and in the mood for some hockey? From September to April you can catch the Dauphin Kings Junior A Hockey Club and the Parkland Rangers AAA U18 Hockey team in action at the Credit Union Place.

Snowmobiling

Dauphin is a sledder's dream with over 3300 km of developed snowmobile trails in the Parkland and the well-organized Dauphin & District Snowmobile Club maintaining over 300 km of local trails. Dauphin is nestled between the scenic Riding Mountain National Provincial Park and Duck Mountain Provincial Park, making it the gateway to limitless snowy adventures. With plenty of fresh powdered snow covering the Parkland come winter, there is never a dull moment for outdoor enthusiasts.

Visit dauphinsnowmobileclub.com for further information on our incredible local snowmobile community.

Curling

Dauphin's beautiful bonspiel location is home to several curling clubs and features a 140-seat viewing lounge above. For information on local curling clubs, contact Dauphin Recreation Services (DRS) at 204-622-3150.

Ice Fishing

Come winter, Lake Dauphin transforms into a village of ice shacks. With plenty of walleye and pike populating the icy lakes, you can make some spectacular winter memories while catching yourself a delicious dinner. Dauphin Lake, Riding Mountain National Park, and Duck Mountain Provincial Park are just a few of the many ice fishing opportunities in the Parkland region.



Skating

Dauphin is home to four skating facilities for residents and visitors to experience a range of programs and family skating fun:

- **Credit Union Place (CUP):** The CUP Arena offers a 200' x 85' NHL ice surface with "C" bowl seating and a viewing lounge. There are two concessions, bar services, washrooms and raised media and sound rooms.
- **Rotary:** The Rotary Arena offers a 185' x 80' artificial ice surface with a seat capacity of 300 people. The arena features a concession, washrooms and showers, and a sound system.
- **DCT Outdoor Rink:** located along 2nd Street SE on Dauphin Recreation Services grounds, the DCT outdoor rink features a heated dressing area and lighted ice surface.

Contact Dauphin Recreation Services (DRS) at 204-622-3150 or visit dauphinrec.com for skating times.

- **Vermillion River:** Head down to Vermillion Park and lace up your skates to wander the long winding Vermillion River trail, cleared and flooded in part by the Dauphin Rotary Club and local residents.



Put your local arenas to use! Several engaging learn-to-skate programs operate within Dauphin such as STARSSkate for figure skating and CanSkate for skating basics for all ages. Skating lessons are an excellent way to learn skating fundamentals, connect with your community, and stay up to date on exciting winter events! Visit skatedauphin.ca for more information on local skating programs and events.



CROSS COUNTRY SKIING & SNOWSHOEING

There is nothing quite like the rustling wind as you whizz pass snow-covered forests and captivating wildlife. Cross-country skiing in Riding Mountain National Park (RMNP) allows you to enjoy the haunting serenity of the boreal on a myriad of frosty trails and caters to all ages and skill levels. Not a skier? Shake things up with a pair of snowshoes to stay perched on endless layers of powdered snow as you explore our local winter wonderland. There is always a winter adventure to be had in the Parkland! Check out the list of trails in RMNP to start planning your excursion:

BroadLeaf

Found in a lowland area between two hills this ski trail meanders through an aspen forest and skirts a wetland that when frozen allows you to cross to access Beach Ridges trail to extend your adventure.

Type: Skiing

Trail difficulty: Moderate, 4.2 km

Edward's Creek

One of three trails leaving from the Crawford Creek Trailhead, this trail is a nice ski along the ridge overlooking Edwards Creek and crossing its adjoining wetlands.

Type: Skiing

Trail difficulty: Moderate, 5.4 km

Crawford Creek

Mountain bikers and hikers will feel the burn! Built upon an old logging road this trail climbs steadily up the escarpment and will challenge your endurance.

Type: Hiking, Biking, Horseback, Skiing

Trail difficulty: Moderate, 5 km

Kippan's Mill

This short trail lets you step back in time and explore the last sawmill site in the park. Being in the park high country makes it a perfect deep snow winter place to test your snowshoes.

Type: Snowshoeing

Trail difficulty: Easy, 1.2 km

Boreal

A great trail for families young and old to break up any wildlife drive along the Parkway. Mature spruce, Jackfish Creek and boardwalk all come together here to tell the story of the boreal forest.

Type: Hiking, Snowshoeing

Trail difficulty: Easy, 1 km

Ochre River Trail

This is a perfect trail to get away into the heart of Riding Mountain's wilderness. This 14.5km in and out trail brings you to Cairn's Cabin where you can reserve a night or two with friends; away from it all while immersed in Riding Mountain's starlit skies. In winter, this wilderness trail is a challenging wilderness ski tour trail.

Type: Hiking, Biking, Horseback, Skiing

Trail difficulty: Difficult, 14.5 km

Hilton

Hilton is a challenging in and out ski trail. Downhill most of the way as it winds its way deeper into the park and climbing on the return.

Type: Skiing | **Trail difficulty:** Difficult, 6.4 km

Beach Ridges

The beaches disappeared thousands of years ago, but the ridges remain covered by oak and hazel. Spend an afternoon exploring the ancient shore of Glacial Lake Agassiz.

Type: Hiking, Skiing

Trail difficulty: Easy, 3.5 km

Moon Lake

Add your tracks to those of the many animals that use this trail. Stands of large spruce and fir line the trail as it hugs the Moon Lake shore. Expect several wet crossings where small creeks flow to refresh the waters of the lake.

Type: Hiking, Snowshoeing

Trail difficulty: Difficult, 9.2 km

Bead Lakes

Nestled between two treed ridges, lies the string of Bead Lakes. Rolling through mature spruce and birch, this loop trail leads hikers and snowshoers to the water's edge and back.

Type: Hiking, Snowshoeing

Trail difficulty: Difficult, 21.5 km





Northgate Dauphin

northgatetrails.com
[@NorthgateTrailsDauphin](https://www.facebook.com/NorthgateTrailsDauphin)
[@NorthgateTrailsDauphin](https://www.instagram.com/NorthgateTrailsDauphin)



Northgate Dauphin is a 26 km system of stacked loop, multi-use trails featuring sections for mountain bikers, hiking, trail running, and areas to gather and take in the scenery of Riding Mountain National Park's beautiful "North Escarpment". The main trailhead area is situated on the border of the national park, only 7 minutes south of the City of Dauphin, on Highway 10. Here, at the Northgate Trailhead, you will find the Coop Community Family Trail section – a great place to hike, bike, and play, which also connects to trails of varying and increasing difficulty within the system. Running alongside a portion of the 3 km limestone path is a winding, roving pump track for children and adults alike to hone their skills on typical single-track features.

The trailhead area and connecting trails are set on a mix of private and city land, eventually meandering into the Selo Ukraina Heritage Site, which hosts both Dauphin's Countryfest and Canada's National Ukrainian Festival. Along with heritage and festival sites, the trail system winds its way through the UNESCO Riding Mountain Biosphere Reserve, giving trail users an ever-changing physical experience, with endless flora and fauna, winding streams, and beautiful shale rock formations.

All users are asked to adhere to safety and instructional signage to ensure a quality and sustained trail experience. Please look for the newest maps on trailforks.com under Northgate Trail Network, Dauphin, Manitoba.

Fat Bike Northgate

Fat biking is rapidly gaining popularity in Canada because it's easy to do and a great way to get outside in the winter. Fat bikes are essentially mountain bikes with fat tires and behave like mountain bikes; you can ride them just about anywhere, and they're great for beginners, allowing you to ride all the designated mountain bike trails wherever you visit in Manitoba.

Snowshoeing + Hike Northgate

The entire Northgate network is available for snowshoeing and hiking. Trail users are cautioned to be aware of temperatures, distances, and open water areas such as reservoirs and rivers. The trail system offers tons of varying topography and is subject to rapid weather changes, so users are cautioned to be prepared and aware.

Mountain Biking Northgate

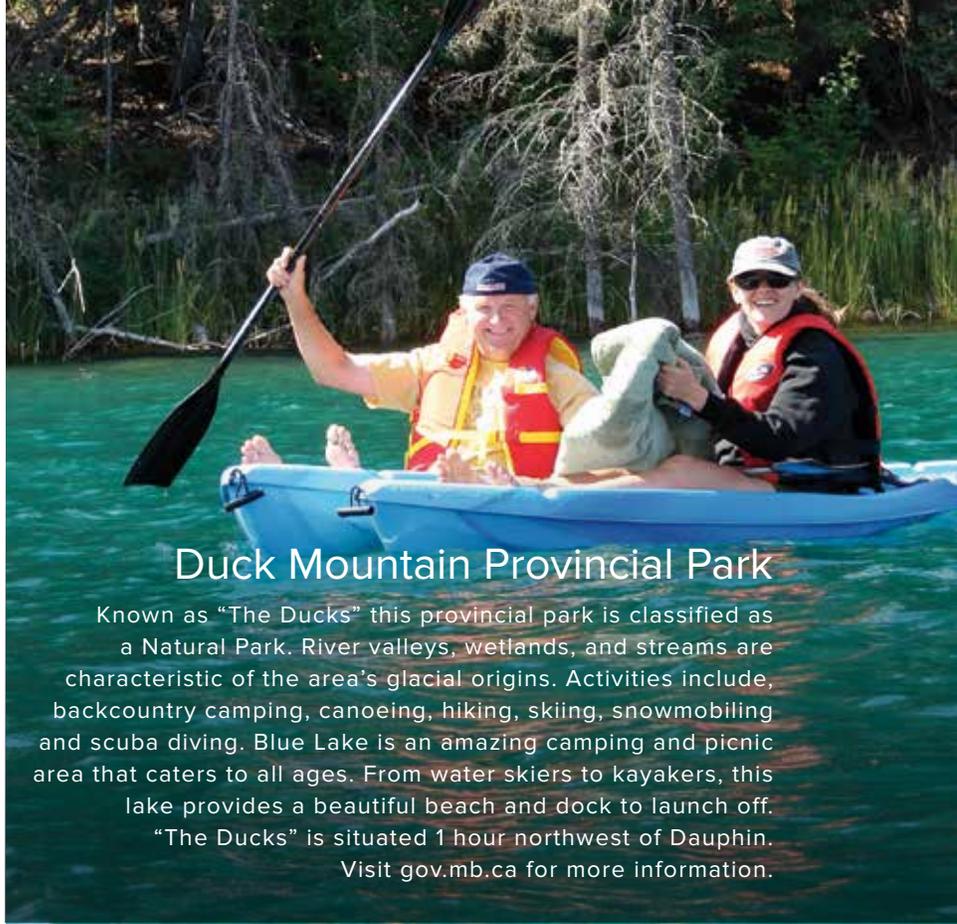
If you are looking for some of the best single track on the prairies, look no further than Northgate. With sections of amazing single track, features like wall rides, stream crossings, jump lines, and killer climbs, Northgate constantly offers something new to see and experience.

Parks Everywhere

Fishing & Hunting

Fishing is a favourite pastime in the area because of the many wonderful lakes for residents to enjoy. Lake Dauphin is a well-known hotspot for its massive number of walleyes. Several great fishing lakes and rivers can be found in the Duck Mountain Provincial Park, all within a one-hour drive. Fish for many species here including lake trout, rainbow trout, tiger trout, walleye, northern pike, perch, whitefish, burbot, smallmouth bass, and bullheads.

There are many opportunities and adventures in the Dauphin area for the hunting enthusiast with some of the best whitetail deer and black bear hunting in the province. The area is also home to elk, moose, waterfowl, and game bird hunting. Contact one of our local guides/outfitters for information on hunting opportunities in the Parkland area.



Duck Mountain Provincial Park

Known as “The Ducks” this provincial park is classified as a Natural Park. River valleys, wetlands, and streams are characteristic of the area’s glacial origins. Activities include, backcountry camping, canoeing, hiking, skiing, snowmobiling and scuba diving. Blue Lake is an amazing camping and picnic area that caters to all ages. From water skiers to kayakers, this lake provides a beautiful beach and dock to launch off. “The Ducks” is situated 1 hour northwest of Dauphin. Visit gov.mb.ca for more information.

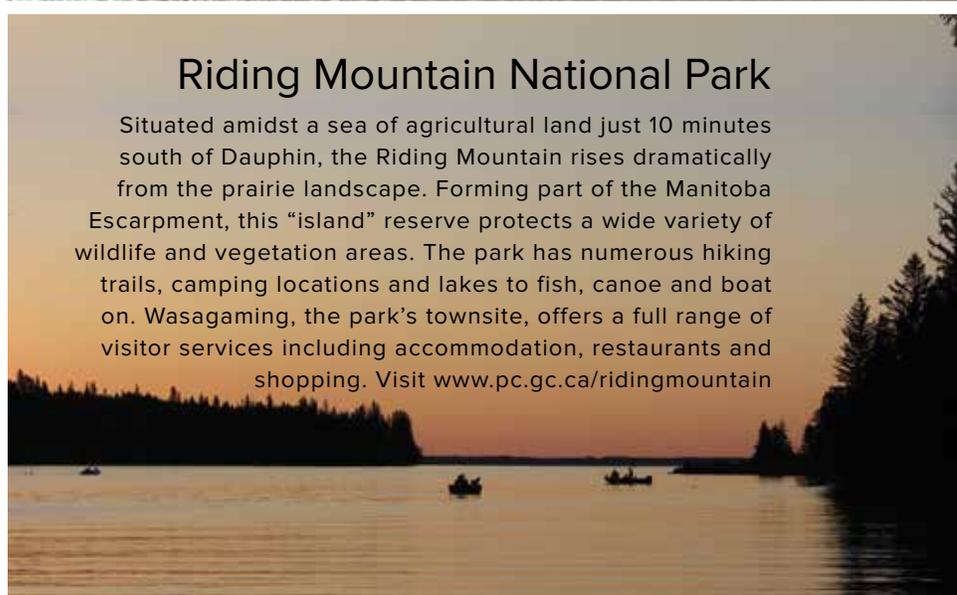


Rainbow Beach Provincial Park

Rainbow Beach Provincial Park is a beautiful beach ridge on Lake Dauphin. Just 15 minutes east on Highway 20 you can enjoy your hot summers in the sun or under the shade while kids have fun building sand castles, shell hunting or swimming in the lake. With picnic areas, campgrounds, trails and playgrounds there is fun for all ages. Visit gov.mb.ca for fees, hours, camping and much more.

Riding Mountain National Park

Situated amidst a sea of agricultural land just 10 minutes south of Dauphin, the Riding Mountain rises dramatically from the prairie landscape. Forming part of the Manitoba Escarpment, this “island” reserve protects a wide variety of wildlife and vegetation areas. The park has numerous hiking trails, camping locations and lakes to fish, canoe and boat on. Wasagaming, the park’s townsite, offers a full range of visitor services including accommodation, restaurants and shopping. Visit www.pc.gc.ca/ridingmountain



VERMILLION PARK

2nd Ave. N.W. • 204-622-3150

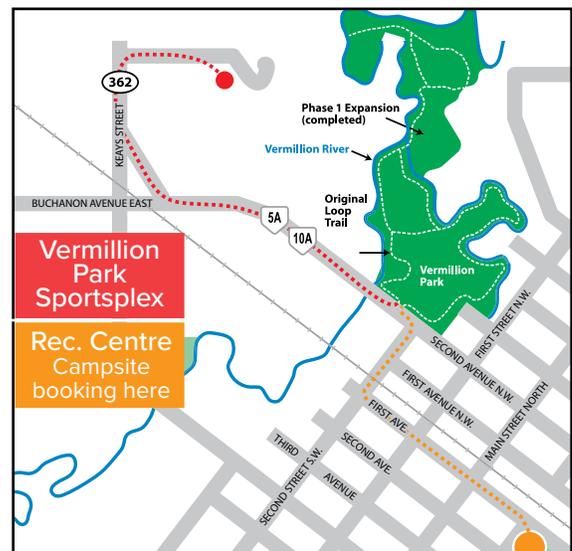


Lush trails, plentiful wildlife, and convenient camping spaces make Vermillion Park an oasis. Whether its enjoying snowshoeing, cross-country skiing, skating on the river in the winter, or checking out the exciting splash park, playground and vibrant butterfly garden in the summer, Vermillion Park is the perfect place to relax all year long. Walk along Vermillion River and have a picnic in the shade to find out why Vermillion Park is one of Dauphin resident's favourite spot to unwind.

For information on Vermillion Park events and bookings, please contact Dauphin Recreation Services at **204-622-3150**.

Vermillion Park Sportsplex

Conveniently located next to Vermillion Park Campground, the Vermillion Park Sportsplex is home to many exhilarating sports programs. Featuring five ball diamonds, a batting cage, two soccer pitches, and a rugby pitch, Vermillion Park Sportsplex is always alive with sport programs for children and adults alike. Not an athlete? Take a seat on one of the bleachers on-site and cheer for your community's athletes with the comfort of a concession and full washroom facilities.



HEALTH SERVICES



Dauphin Regional Health Centre

The Dauphin Regional Health Centre serves not only the City and Rural Municipality of Dauphin, but also the entire Parkland region of Manitoba. Specialist-trained professionals provide general surgery, internal medicine, obstetrics, radiology, and psychiatry services.

625 - 3rd Street S.W. / 204-638-3010



Dauphin Medical Clinic

Located across from the Dauphin Regional Health Centre, the Dauphin Medical Clinic has 30 physicians committed to providing high quality medical care to Dauphin and the surrounding regions.

Walk-in Clinic Hours:

Monday-Friday 8:30 am to 4:30 pm

Saturday 9am to 12pm | Sunday 12pm to 2pm

Regular Clinic Hours: Monday-Friday 9am to 5pm

622 - 3rd Street S.W. / 204-638-6445
dauphinmedicalclinic.com

Pharmacies

Dauphin Clinic Pharmacy

622-3rd St. S.W. | 204-638-4602

Super Thrifty Pharmacy

224 Main St. N. | 204-638-3702

Ken's No Frills

15 – 1st. Ave. N.E. | 204-622-2930

Walmart Pharmacy

1450 Main St. S. | 204-638-4835

Dentists

Vermillion Dental Group

37 – 2nd Ave NW | 204-638-3353

Dr. Darrin Schramke & Associates

120 – 1st St NW | 204-638-3040

Chiropractors

Dauphin Chiropractic Centre

21 – 2nd Ave. N.E. | 204-638-6642

Prairie View Family Chiropractic Centre

303 Main St N | 204-638-7777

Mental Health

Mental Health Crisis Assistance

1-866-332-3030

Manitoba Suicide Line

1-877-435-7170

Parkland Crisis Centre & Women's Shelter

204-638-9484

Addictions Foundation of Manitoba

1-866-638-2561

Other Health Services

Dauphin Mobility Healthcare Solutions

35 – 2st Ave SW | 204-638-8101

Parkland Physiotherapy & Sports Injury Centre Ltd.

219 Main St N | 204-638-6134

Ashcroft Vision Care

115 – 2nd Ave NW | 204-638-3223

Parkland Vision Services

24 – 1st Ave NE | 204-638-6876

Dr. Brenna & Three Graces Medi Spa

10 – 2nd Ave NW | 204-572-5774

Flourish Natural Health

420 Main St N | 204-638-9642

Manitoba Health Card

This card allows you to receive free medical and hospital services in Manitoba. As well, it is recognized as an important, government-issued identification. Contact Manitoba Health for further information or to apply for your card.

Manitoba Health | 100 - 300 Carlton St., Winnipeg, MB R3B 3M9 204-186-7101

Toll-free 1-800-392-1207 | gov.mb.ca/health/mhsip



PLACES OF WORSHIP

Due to the COVID-19 (novel coronavirus) pandemic, worship times listed below are subject to change. Please make contact for up-to-date information.

CHURCHES	CONTACT INFORMATION	SUNDAY WORSHIP TIME
Church of Christ	220 Whitmore Ave. W. Parkland Crossing (204-638-3333)	9:30 am – Adult Bible Class 10:30 am – Worship
Church of Jesus Christ of Latter-Day Saints	403 Whitmore Ave W (204-638-2918)	10:00 am - Worship
Dauphin First Baptist Church	37 - 5th Ave. N.E. (204-638-4809)	11:00 am – Worship
Dauphin First United Church	37 - 3rd Ave. N.W. (dfuc@mts.net)	10:15 am – Worship
Grace Bible Church	1910 Mountain Rd. (204-638-4911)	11:00 am – Worship 10:00 am – Winter Bible Class 6:30 pm – (Wednesday) Club DJ
Mountain View Christian Assembly	525 Whitmore Ave. E (204-638-4355)	10:30 am – Worship
New Life Centre	404 Main St. N. (204-638-8266)	10:30 am – Worship
Parkside Gospel Church	Visit parksidegospelchurch.com for directions. (204-638-7380)	10:00 am – Sunday School 10:45 am – Worship
St. George's Ukrainian Orthodox Church	804 Main St. S. (204-638-4704)	10:00 am – Worship
St. Paul's Anglican Church	404 - 1st St. S.W. (204-638-8141)	8:30 am – Worship 10:30 am – Worship & Sunday
St. Viator's Roman Catholic Church	307 Whitmore Ave. E. (204-638-4892)	10:15 am – (Sunday) Mass
Salvation Army Citadel	38 - 2nd Ave. N.E. (204-638-3764)	10:30 am – Worship
Seventh Day Adventist Church	922 - 1st. St. S.W. (204-638-3329)	9:45 am – Church at Study 11:15 am – Worship
Trinity Lutheran Church	16 Kirby Ave. E. (204-638-3923)	10:30 am – Worship
Ukrainian Catholic Church of The Resurrection	801 Jackson St. (204-638-4618)	9:30 am - Worship

ENTERTAINMENT



Countryfest Community Cinema

Visit countryfestcommunitycinema.ca for a listing of movies, rental opportunities and more or visit them at:

210 - 1st St. S.E. • 204-638-5319

(Adjacent to Parkland Recreation Complex)



Watson Art Centre

Hosts a wide range of concerts, art groups, drama performances and events. For a list of events visit watsonartcentre.com or visit them at:

104 - 1st Ave. N.W. • 204-638-6231



Dauphin Friendship Centre

Offering social, recreational, and educational programs and services for our entire community.

Visit dauphinfriendshipcentre.com or drop by at:

210 - 1st. Ave. N.E. • 204-638-5707



Dauphin Tourism Events

Visit the Tourism Dauphin website at tourismdauphin.ca to find out more about our signature events.

Radio

Visit 730ckdm.com to view a Community Calendar of events or listen to 730 CKDM radio to find out more about our signature events.





Community Services

Banks

Opening a bank account is one of the first things you should do when you arrive to Dauphin (or before you get here) so you have convenient access to your money. Make sure you bring proper identification with you when you go to open a bank account. Below is a list of banks located in Dauphin:

Bank of Montreal
320 Main Street N.
204-638-4210

Canadian Imperial Bank of Commerce (CIBC)
123 Main Street N.
204-638-8045

Fusion Credit Union
505 Main Street N.
204-622-4500

TD Canada Trust
424 Main Street N.
204-622-2900

RBC Royal Bank
202 Main Street N.
204-638-4920

Scotiabank
Dauphin Market Place Mall,
1450 Main Street S.
204-622-6260

Insurance

Basic Health Insurance is offered to all Canadian Citizens and Permanent Residents. This often does not include a special care such as dental, eyewear, physiotherapy, etc. Extra Medical Insurance can be purchased to receive the coverage you would like. House and Life Insurance are available through many insurance companies. Below is a list of local agencies and insurance offices in Dauphin:

Aspen Insurance
701 Main Street S.
204-622-7776

Assante Wealth Management
705 Main Street S.
204-622-4766

Love & Persson Group
101 Main Street N.
204-622-7600

SunLife Financial
22-3rd Ave. N.W.
204-638-7744

The Co-operators
Dauphin Market Place Mall,
1450 Main Street S.
204-638-3115

Shopping

There are several retail businesses to do all your shopping in Dauphin. A downtown area with many specialty stores, the Market Place Mall, and several grocery stores will provide you with everything you need. Take a stroll downtown to see the various specialty stores available in Dauphin. Below is a list of grocery stores in Dauphin:

Dauphin Consumer's Coop
18 - 3rd Ave. N.E.

Ken's No Frills
15 - 1st Ave. N.E.

Safeway
Dauphin Market Place Mall
1450 Main Street S.



Transportation

AIR SHUTTLE: Dauphin - Brandon

Twice-a-day ground transportation service from Dauphin to Brandon. For Direct Booking or through your travel agent call 1-888-884-5533 or email brandonairshuttle@gmail.com. For more information visit brandonairshuttle.com

BUS: Dawson Logistics Maple Bus Lines

Daily return trips to Winnipeg and Saskatoon. For reservations and schedule call 204-622-9500

TRAIN: ViaRail Canada

Regular passenger service to Winnipeg. Reservations and schedule call 1-888-842-7245.

TAXI: Dauphin Taxi | 204-638-3315



Community Organizations & Clubs

4-H

204-726-6136

Community Futures Parkland

204-546-5100

Crocus Quilters Guild

204-638-7849

Dauphin & District Allied

Arts Council

204-638-6231

Dauphin & District Chamber of Commerce

204-622-3140

Dauphin Art Group

204-638-3338

Dauphin Communities in Bloom

204-622-3200

Dauphin & District Food Bank Society Inc.

204-638-7853

Dauphin Agricultural Society Inc. / Heritage Club

204-638-4428



Dauphin Bible Camp

204-638-5568

Dauphin Community Band

andrew.coombs@mvsd.ca

Dauphin & District Community Foundation

204-638-4598

Dauphin Derailleurs Cycle Club

204-648-4591

Dauphin Fish & Wildlife Association

204-638-8242

Dauphin Friendship Centre

204-638-5707

Dauphin Lion's Club

204-648-7578

Dauphin Legion Pipe Band

204-596-2099

Dauphin Multi-Purpose Senior Centre

204-638-6485

Dauphin Neighbourhood Renewal Corporation

204-622-3171

Dauphin Public Library

204-638-6410

Dauphin Rail Museum

204-638-8383

Dauphin Genealogical Society

204-638-8276

Girl Guides of Canada –

Dauphin District

204-638-8276

Keystone Chorus

204-638-5242

Kinsmen & Kinette Club

president@dauphinkin.ca

Knights of Columbus

204-638-7984

Manitoba Agriculture and Resource Development

204-622-2007

Manitoba Mudrun

nfleck@houndsportservices.com

Parkland Men's Shed

204-402-0488

Parkland Region Kidsport Fund

204-925-5911

Janelle.bohunicky@sportmanitoba.ca

Parkland Humane Society Inc.

204-638-6966

Selo Ukraina – Ukrainian Folk Arts Centre & Museum

204-638-9401

Sport Manitoba –

Parkland Region

204-470-7448

Regional Connections

Immigrant Services

204-647-0693

Rotary Club of Dauphin

204-638-8695

Unity: Women's Maker Collective

204-622-3171

Under One Roof

431-738-8352

Zirka Ukrainian Dance Ensemble

204-638-3777

Local Volunteer Opportunities

Volunteering is the heartbeat of our city and a great way to meet new people! There is always a way to give back to your community and the people living in it! Below are a few local volunteer opportunities you could be involved in:

Canada's National Ukrainian Festival (CNUF)

Volunteers needed during festival and retail store and administrative work throughout the year
204-622-4600

The Wardrobe at Parkland Crossing

204-638-3333

Dauphin's Countryfest

Volunteers required during Countryfest
204-622-3700

Dauphin & District Community Food Bank

204-638-5707 | 204-638-7853



Dauphin Friendship Centre

Volunteers needed for various projects throughout the year including Christmas hampers, Angel Tree Program and Square Dance Competition
204-638-5707

Parkland Humane Society

Fill out a short volunteer form and make an animal's day!
204-638-6966 | pets12@mymts.net

Watson Art Centre

Volunteers required for set-up and clean-up of various events
204-638-6231 | art6231@mymts.net

Government Services

Drivers Licence

Manitoba Public Insurance (MPI) oversees the licensing of drivers and insuring of drivers and vehicles. MPI requires that every driver be tested and issued a driver's license. MPI also requires all vehicles to have insurance.

217 Industrial Road, Toll-free 1-800-665-2410
Vehicle Standards & Inspections: 1-866-323-0542

Service Canada

Service Canada Centres are full service centres offering a mix of in-person Federal Government Services. For information on the services that they offer, visit canada.ca or their office located at: 181 - 1st Ave. N.E., 1-800-622-6232.

Social Insurance Number (SIN) Card

The Social Insurance Number (SIB) is a 9 digit number that you need to work in Canada or to have access to government programs and benefits. To determine what documentation you need to provide to obtain a SIN card, visit canada.ca or stop by Service Canada located at: 181 - 1st Ave N.E., 1-800-622-6232

Government of First Nations in Treaty 2 Territory (FNT2T)

Treaty No. 2 was negotiated and entered into in August 1871 at Manitoba House. A few of the communities that share in obligations and benefits of Treaty No. 2 include Dauphin, Ebb & Flow, Brandon, Minnedosa, Roblin and many more. Riding Mountain National Park and Duck Mountain Provincial Park are within the Treaty No. 2 area.
38 - 2nd Avenue N.E., 204-638-3797, www.fnt2t.com

Manitoba Metis Federation (MMF) Northwest Metis Council Inc.

MMF is the official democratic and self-governing political representative for the Metis Nation's Manitoba Metis Community. For information on programs and services they offer, visit manitobametis.com or their office located at: 40 - 1st Ave N.W., 204-638-9485.
Future Home in 2021: 422 Main Street South

Waste, Recycling and Yard Waste

The City of Dauphin assigned each single-family residential property with one black waste rolling bin and one light blue recycling rolling bin that are both collected on the same day every two weeks. For a complete list of accepted recycling materials, please visit dauphin.ca.

The City also operates a curbside yard waste collection program that accepts materials such as grass clippings, leaves, garden waste, and small branches by supplying a green rolling bin to residents who signed up for the program. The yard waste bins are collected every two weeks, opposite from your waste and recycling collection. If you do not have a bin and would like to sign up to receive one, visit dauphin.ca or contact the City Shop at 204-622-3202.

To find out what day of the week your bins are scheduled for pick-up, please visit dauphin.ca to view the annual collection map and calendar or visit City Hall at 100 Main Street South.

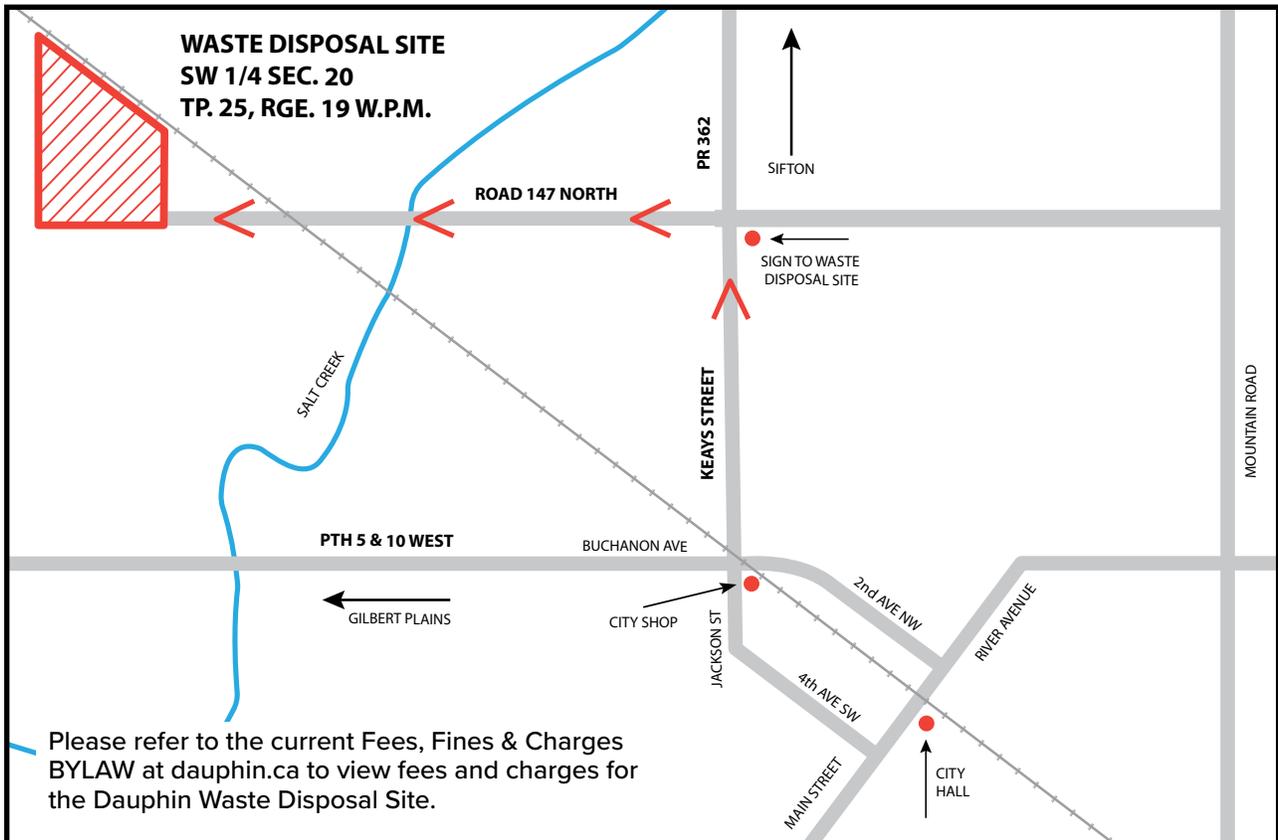
Any extra recycling can be dropped off at any time at the residential recycling depot located on 1st Avenue SE across from the Rotary Arena. The depot is a convenient option for oversized boxes and higher volumes of recycling.

Dauphin Waste Disposal Site

Contact Info: 204-622-3189
 Location: SW ¼ 20-25-19 WPM

Hours of Operation:

- Monday 8:30 a.m. – 12:00 p.m.
- Tuesday 8:30 a.m. – 4:00 p.m.
- Wednesday 8:30 a.m. – 4:00 p.m.
- Thursday 8:30 a.m. – 7:00 p.m.
- Friday 8:30 a.m. – 4:00 p.m.
- Saturday 8:30 a.m. – 4:00 p.m.
- Sundays & Holidays Closed



COMMUNICATIONS

Television & Internet



Toll-Free 1-800-665-3337
westmancommunications.com



shawdirect.ca



bell.ca

Phone, Mobile & Internet Service



Dauphin Market Place Mall
1450 Main St. S • 204-622-4900
www.mts.ca



Dauphin Market Place Mall
1450 Main St. S • 204-629-2413



Rogers™
21-3rd Ave. NE
204-638-7148
rogers.com

TIP! When you bundle your Internet, TV and Phone services with the same company, you often get a discount.

Local Radio Station



730 CKDM is a radio station located in Dauphin, Manitoba serving the Parkland Region of Manitoba and Saskatchewan.

CKDM plays an eclectic mix of music, news, sports, community events and has a bargain bin.

Web: 730CKDM.com • Facebook: facebook.com/730CKDM

Office: 204-638-3230 • News: 204-638-9022

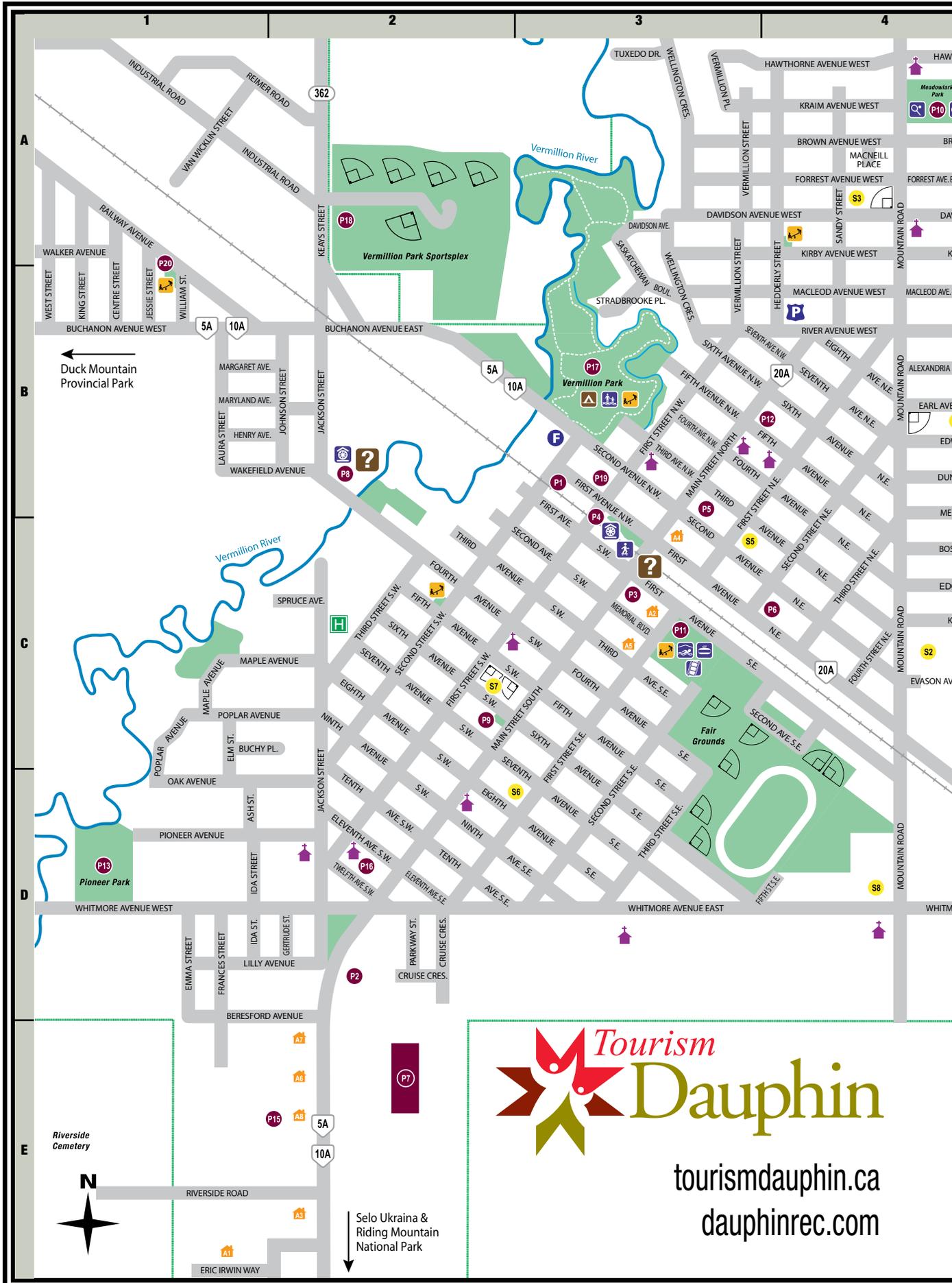
On-Air: 204-638-7878 • Toll-free: 1-866-977-CKDM (2536)

Local Newspaper



The Dauphin Herald is our local Newspaper that covers Dauphin and the Parkland area. Presently owned and published by Gilroy Publishing, the Herald continues to fulfill the role as the official record of Dauphin and is an instrumental piece of the community's daily life.

Web: dauphinherald.com • Office: 204-638-4420
Address: 120 - 1st Ave. NE • Fax: 204-638-8760



tourismdauphin.ca
dauphinrec.com

Selo Ukraina & Riding Mountain National Park



CITY OF DAUPHIN

P Points of Interest

- P1 Berry Patch
- P2 Bowling
- P3 City Hall
- P4 CNoR Station, CN Park and Dauphin Rail Museum
- P5 CNUF Gift Shop
- P6 Dauphin Friendship Centre
- P7 Dauphin Market Place Mall
- P8 Fort Dauphin Museum / Seasonal Visitor Information
- P9 Gartmore Park
- P10 Meadowlark Park
- P11 Parkland Recreation Complex / Credit Union Place / Countryfest Community Cinema
- P12 Parkland Regional Library
- P13 Pioneer Park
- P14 RM of Dauphin Office
- P15 Squash Courts (Super 8 Motel)
- P16 Ukrainian Catholic Church of the Resurrection
- P17 Vermillion Park & Campground
- P18 Vermillion Park Sportsplex
- P19 Watson Art Centre
- P20 Sunshine Community Garden

S Schools

- S1 Colonel Barker School
1516 Bond St., 204-638-4588
- S2 Dauphin Regional Comprehensive Secondary School
330 Mountain Rd., 204-638-4629
- S3 École Macneill
312 Sandy St., 204-638-3942
- S4 Henderson School
911 Bond St., 204-638-4653
- S5 MacKenzie Middle School
212-1st St. NE, 204-638-3323
- S6 Smith Jackson School
701-1st St. SE, 204-638-3134
- S7 Whitmore School
28-6th Ave. SW, 204-638-4782
- S8 Assiniboine Community College
520 Whitmore Ave. E, 204-638-2023

A Accommodations

- A1 Best Western Plus
- A2 Boulevard Hotel
- A3 Canway Inn & Suites
- A4 Dauphin Community Inn
- A5 Dauphin Inn Express
- A6 Dauphin Super 8 Motel
- A7 Highland Motel
- A8 Prairie Mountain Inn

Services / Recreation

- | | | | |
|-------------------------|--------------|------------------|--------------------------------|
| Baseball Diamond | Curling Rink | Police / RCMP | Skate Park |
| Campground | Fire Hall | Tennis Courts | Splash Park |
| Church/Place of Worship | Hospital | Swimming Pool | Museum |
| Cinema | Playground | Volleyball Court | Vermillion River Walking Trail |
| | | | Visitor Information |

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- Aster Bay – A5
- Barker St. – A5
- Beresford Ave. – E1
- Bond Street – C4
- Bossons Ave. – C4
- Bossons Place – B5
- Brown Ave. – A3
- Buchanan Ave. – B1
- Buchy Place – D2
- Centennial Drive – B5
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- Crocus Bay – A5
- Cruise Crescent – D2
- Davidson Ave. – A4
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- Dunfield Ave. – B4
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- Edgar Ave. – C4
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- Edward Place – B5
- Elm St. – D1
- Elmay St. – C5
- Emma St. – E1
- Eric Irwin Way – E1
- Evason Ave. – C4
- Forrest Ave. – A4
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- Hawthorne Ave. – A4

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- River Ave. – B4

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- Vermillion St. – B3
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- Wakefield Ave. – B2
- Walker Ave. – B1
- Waller St. – C5
- Wellington Cres. – A3
- West St. – B1
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- 8th Ave. NE – B4
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- 9th Ave. SE – D2
- 9th Ave. SW – D2
- 10th Ave. SE – D2
- 10th Ave. SW – D2
- 11th Ave. SE – D2
- 11th Ave. SW – D2
- 12th Ave. SW – D2



DAUPHIN, MANITOBA